

CAFÉ SOL WHOLESALE MENU.

SANDWICH.

CHICKEN SALAD.

Chicken, Crème Fraiche, Spring Onions, Tomato, Red Cheddar & Rocket on Rustic Brown.

CHICKEN AND BACON CLUB.

Chicken, Crispy Bacon, Farmhouse Stuffing, Cranberry, Mayonnaise & Mixed Leaves on Country White.

EGG AND BACON.

Free Range Egg, Mayonnaise, Crispy Bacon, & Cracked Black Pepper on Rustic Brown.

DOUBLE CHEDDAR.

Cajun Style Chicken, Mayonnaise, Peppers, Red Onion & Mixed Leaves on Country White.

CAJUN CHICKEN..

Tuna, Pasta, Free Range Egg, Olives, Peppers, Carrot, Red Onion & Dijon Mustard.

CHICKEN PESTO.

Chicken, Basil Pesto Mayonnaise, Roasted Peppers & Mixed Leaves on Mediterranean Style Bread.

SWEET CHILI CHICKEN WRAP.

Chicken, Sweet Chilli Sauce, Beansprouts, Spring Onions, Red peppers & Mixed Leaves on a Flour Tortilla.

HAM & SWISS.

Ham, Swiss Cheese, Tomato, Mixed Leaves & Mayonnaise on a Poppy Seed Roll.

HAM & CHEESE.

Sliced Ham with Red Cheddar on Buttered Rustic Brown.

EGG SALAD.

Free Range Eggs, Mayonnaise, Tomato, & Red Onion on Country White.

TUNA & CUCUMBER.

Tuna, Cucumber, Sweetcorn, Red Onion, & Mayonnaise on Rustic Brown.

CHICKEN CAESAR WRAP.

Chicken, Crispy Bacon & Cos Lettuce with a Parmesan Dressing in a Flour Tortilla.

CHICKEN AND STUFFING.

Chicken, Mayonnaise and Farmhouse Stuffing on Rustic Brown Bread.

PLAIN HAM.

Smoked Ham on Buttered Country White Bread.

SALADS.

TUNA SALAD.

Tuna, Pasta, Free Range Egg, Olives, Peppers, Carrot, Red Onion & Dijon Mustard.

CHICKEN CAESAR SALAD.

Cos Lettuce, Crispy Bacon, Tomato, Parmesan & Garlic Croutons.

CHICKEN & PASTA SALAD.

Chicken, Pasta, Tomato & Peppers in a Honey & Mustard Dressing.

CHICKEN NOODLE

Chicken, Egg Noodles, Peppers, Spring Onion, Beansprouts & Sweet Soy Dressing.

PANINI.

BREAKFAST PANINI.

Bacon, Sausage, Omelette & Irish Country Relish on a Stonebaked Ciabatta.

SWEET CHILLI CHICKEN.

Chicken, Sweet Chili Sauce, Mayonnaise, Red Onion, Tomato & Roasted Peppers on a Stonebaked Ciabatta.

VEGETARIAN.

Roasted Peppers, Sun Blushed Tomatoes, Red Onion, Basil Pesto & Mozzarella on a Seeded and Nutty Ciabatta.

HAM & CHEESE.

Ham, White Cheddar, Red Onion, Sliced Tomato with a Mustard Mayonnaise, on a Seeded & Nutty Ciabatta.

CHICKEN PESTO.

Chicken, Basil Pesto Mayonnaise, Roasted Peppers & White Cheddar on a Stonebaked Ciabatta.

TUNA.

Tuna, Mustard Mayonnaise with Sweetcorn and White Cheddar on a Stonebaked Ciabatta.

YOGHURT.

GREEK YOGHURT WITH MUSELI.

Greek Style Yoghurt with Honey and topped with Museli.

RASPBERRY GRANOLA.

Vanilla Yoghurt with a Raspberry Coulis and topped with Granola.

MANGO GRANOLA.

Vanilla Yoghurt with a Mango Coulis and topped with Granola.

FRUIT SALAD.

Water Melon, Honey Dew Melon, Pineapple & Black Grapes.

SCONES AND MUFFINS.

RASPBERRY SCONE.

Large Homemade Scone with Raspberries.

FRUIT SCONE.

Large Homemade Scone with Sultanas, Raisins & Currents.

CRANBERRY & ORANGE SCONE.

Large Homemade Scone with Cranberries and Orange Zest.

CHOCOLATE MUFFIN.

Large Chocolate Muffins with Whole Chocolate Pieces.

BLUEBERRY MUFFIN.

Large Blueberry Muffin with Whole Blueberries.

CARROT MUFFIN.

Large Carrot Muffin with Raisins, Spice and Grated Carrot.